

How to Complete your EAP Health Clearance Form with your Private Physician



Note: If you are going on an EAP program to Botswana, Ghana, India, Solomon Islands, or South Africa, you must complete your EAP Health Clearance at SHS unless you are currently not on campus. Please contact Student Health Services for specific instructions.

1. **Obtain your immunization records from your parents, doctor or high school ASAP.** You must be up-to-date on tetanus, MMR, and polio. Bring all documentation with you to your appointment or upload it to your medical records.
2. **Obtain the Confidential Health History Form and Health Clearance Form online at:**
<http://studyabroad.ucsd.edu/students/pre-departure/uceap.html#Health-Clearance>
3. **Fill out the Confidential Health History Form completely before seeing your doctor.** To do so, you will need the following information:
 - Immunization records containing exact dates
 - Dates of any serious illnesses or surgeries
4. **Print out the Health Clearance Form. The Health Clearance Form includes instructions to the physician for completing the health clearance.** Fill in the top portion of the second page of this form before seeing the doctor with your name, home campus, country and program information.
5. **Make an appointment with your own doctor and any specialist you may be seeing for a serious, ongoing condition, and take both forms with you.** *Note: Physician/Health Provider/Specialist must be licensed in the U.S. and cannot be an immediate family member (AMA Code of Ethics e-8,19).* Give the forms to the doctor and ask him or her to follow the instructions on the Health Clearance Form carefully. Be sure to sign the authorization for release of medical information on the Health Clearance Form upon completion of the consultation.
6. **Submit your form to UCEAP via email OR eFax:**

Submit completed form by either eFax or email by the deadline stipulated in the UCEAP portal.

eFax: (805) 893-3021 This is a secure, HIPAA-compliant eFax portal.

Email: healthclearance@uceap.universityofcalifornia.edu

NOTE: Using non-encrypted email to send your completed health clearance is not private or secure. Also there is the possibility that your email could be intercepted and read by others whom you did not intend to receive it.

7. **Leave a copy of the Confidential Health History Form with your doctor so that he or she will have it on file in case of emergency.** Keep a copy for yourself and be sure to take it with you when you go abroad. You will have the only copy of this form at the program site should you need medical attention. DO NOT send this to UCEAP.

Students with Disabilities: If you have any physical impairment, learning disability or other condition, for which you will be seeking accommodation abroad, you may have your campus Disabled Students Office send a memo to the University of California Education Abroad Program indicating the condition and your needs. Universities abroad will require this memo before special arrangements — i.e. granting extra time for tests, arranging for special facilities or assistance — can be considered.